

# Dr. Meghan's Healing Hands Chiropractic

Ages 10-15

Thank you for choosing our office to take care of your health needs.  
To help us serve you better, please complete the following information.

Today's Date: \_\_\_\_\_

## PATIENT INFORMATION

Print Full Name: \_\_\_\_\_ Name you go by: \_\_\_\_\_

Parent's/Guardian's Names: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: Male ☒ Female ☒

Number of siblings: \_\_\_\_\_ Patient's email address (if applicable): \_\_\_\_\_

Where did you hear about our office or who referred you? \_\_\_\_\_

## Phone Numbers:

Home: \_\_\_\_\_ Parents Work: \_\_\_\_\_ ext. \_\_\_\_\_ Parent Cell: \_\_\_\_\_

Parent/Guardian E-mail address: \_\_\_\_\_

## INSURANCE

Do you have medical insurance? Yes ☐ No ☐ Insurance Company Name: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Insurance Company Phone Number: \_\_\_\_\_

Insured's Name (if different from patient): \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Insured's Date of Birth: \_\_\_\_\_ Insured's Social Security Number: \_\_\_\_\_

## HEALTH HISTORY

If you have no symptoms or complaints and are here for wellness services, please check ☐; otherwise briefly describe the reason for seeking chiropractic care: \_\_\_\_\_

Is this due to an accident or injury? Yes ☐ No ☐ Date: \_\_\_\_\_ Type of accident: Auto ☐ Other: \_\_\_\_\_

Does it interfere with your (circle all that apply): Work/School Sleep Daily routine Exercise

Have you seen other doctors for this condition? Yes ☐ No ☐ Dr's name: \_\_\_\_\_

Please fill in the blanks below describing the chief complaint that you have:

- **How long** have you had the above complaints? \_\_\_\_\_
- **How often** do you have the above complaints? \_\_\_\_\_
- Is your pain **sharp, dull throbbing, burning, numb** and/or **achy**? \_\_\_\_\_
- Is your pain worse in the **morning, evening**, and/or **after a specific activity**? \_\_\_\_\_
- Have you ever experienced (check all that apply):
  - ☐ Headaches/Migraines ☐ Colic/Reflux ☐ Ear Infections ☐ Growing Pains
  - ☐ Dizziness ☐ Poor Appetite ☐ Asthma ☐ Female/Male Problems
  - ☐ Fainting/Seizures ☐ Sugar Cravings ☐ Allergies ☐ Behavioral Problems
  - ☐ Neck Pain ☐ Digestive Disorders ☐ Frequent Colds ☐ ADD / ADHD
  - ☐ Low Back Pain ☐ Stomach Aches ☐ Sinus Troubles ☐ Bedwetting
  - ☐ Leg/Foot Pain ☐ Constipation/Diarrhea ☐ Heart Problems ☐ Other \_\_\_\_\_
- Anything else we need to know about your health? \_\_\_\_\_



## CHIROPRACTIC HISTORY

Have you ever been to a chiropractor before? Yes ☐ No ☐ Date of last chiropractic visit: \_\_\_\_\_  
Are other family members under chiropractic care? Yes ☐ No ☐ Who? \_\_\_\_\_

**The vast majority of our patients have experienced dozens of falls or impacts (sports/hobby/work related) that could cause Vertebral Subluxations. Help us discover a few of yours.**

- Which of the following sports have you been involved in? Football ☐ Basketball ☐ Soccer ☐ Running ☐  
Gymnastics/Cheerleading ☐ Martial Arts ☐ Other ☐ \_\_\_\_\_
- Have you ever .... Fallen down the stairs ☐ Slipped/Fell on the ground (or ice) ☐ Had a sports injury ☐  
Broken a bone ☐ If so, which one: \_\_\_\_\_
- Have you been involved in any car accidents/fender benders? Yes ☐ No ☐ Date \_\_\_\_\_

Name of Family Doctor/Pediatrician : \_\_\_\_\_

Have you ever been seen on an emergency basis? Yes ☐ No ☐ Reason/Date: \_\_\_\_\_

Exercise: None ☐ 1-3x week ☐ 4-7x week ☐ Only PE ☐ Sports ☐ Other: \_\_\_\_\_

Please list any past surgeries (or traumas) and dates: \_\_\_\_\_

How many hours of sleep do you get? \_\_\_\_\_ Do you have trouble falling asleep? \_\_\_\_\_

Do you sleep on your stomach? \_\_\_\_\_

## DIETARY / MEDICATION HISTORY

Please list number of doses of antibiotics you have taken:

During the past 6 months: \_\_\_\_\_ During your lifetime: \_\_\_\_\_

Please list name and number of doses of any medications (prescription or OTC) taken:

During the past 6 months: \_\_\_\_\_ During your lifetime: \_\_\_\_\_

Please list all medications you take or have taken: \_\_\_\_\_

Please list any vitamins/supplements you are taking: \_\_\_\_\_

Vaccination history: \_\_\_\_\_ Any reaction to them? \_\_\_\_\_

Do you consume (check all that apply): Soda \_\_\_\_\_ White Flour products \_\_\_\_\_ Fast Foods \_\_\_\_\_

Fried Foods \_\_\_\_\_ Sweets \_\_\_\_\_ Dairy/Milk products \_\_\_\_\_ Meat/Fish \_\_\_\_\_

Do you have any food allergies (please list them): \_\_\_\_\_

## WHEN YOUR MOM WAS PREGNANT WITH YOU, your PRENATAL HISTORY – please fill out:

Location of Birth: Home \_\_\_\_\_ Birthing Center \_\_\_\_\_ Hospital (CNM or OB?) \_\_\_\_\_

Please list any complications during pregnancy/delivery: \_\_\_\_\_

Medications during pregnancy/delivery : \_\_\_\_\_ Number of ultrasounds during pregnancy: \_\_\_\_\_

Birth intervention: Forceps \_\_\_\_\_ Vacuum \_\_\_\_\_ Caesarian: planned or emergency: \_\_\_\_\_

How long were you breastfed? \_\_\_\_\_ Were all developmental milestones met on time? \_\_\_\_\_

I hereby authorize Healing Hands Chiropractic and its Doctors to administer such to my son/daughter as they deem necessary. I clearly understand and agree that I am personally responsible for payment of all fees charged by this office. I understand and agree that health and accident insurance policies are an agreement between an insurance carrier and myself, and that I am personally responsible for payment of any and all services non-covered. I also understand that if I suspend or terminate my child's care and treatment, any fees for professional services rendered will immediately be due and payable.

Parent/ Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_